

主な県産農林水産物の特徴

野菜 ゴーヤ

Main product: Goya vegetable. Origin: Miyazaki, Kagoshima. Description: Ancient Okinawa staple, bitter taste, health benefits.

さやいんげん

Main product: Edamame. Origin: Fukuoka. Description: Soybean variety, winter crop, high protein.

島らっきょう

Main product: Island radish. Origin: Miyazaki. Description: Root vegetable, strong fragrance, medicinal uses.

へちま(ナーベラー)

Main product: Melon. Origin: Miyazaki. Description: Cucurbitaceae, high water content, Okinawa representative.

かんしょ

Main product: Sweet potato. Origin: Miyazaki. Description: Tuber vegetable, rich in vitamins, medicinal properties.

畜産物 豚肉

Main product: Pork. Origin: Miyazaki. Description: Okinawa representative meat, rich in nutrients, local dishes.

牛肉

Main product: Beef. Origin: Miyazaki. Description: Rich in protein and iron, tender texture, local specialties.

鶏卵

Main product: Chicken egg. Origin: Miyazaki. Description: High quality eggs, rich in vitamins, easy to eat.

海産物 マグロ類

Main product: Tuna. Origin: Miyazaki. Description: High protein, low calorie, various uses, local catch.

モズク

Main product: Mucus. Origin: Miyazaki. Description: Marine algae, rich in fiber, health benefits, traditional use.

とうがん

Main product: Tougan. Origin: Miyazaki. Description: Winter vegetable, storage crop, high vitamin C.

すいか

Main product: Watermelon. Origin: Miyazaki. Description: Summer fruit, refreshing taste, high water content.

かぼちゃ

Main product: Pumpkin. Origin: Miyazaki. Description: Winter vegetable, rich in vitamins, versatile uses.

果実 マンゴー

Main product: Mango. Origin: Miyazaki. Description: Tropical fruit, sweet taste, high fiber, health benefits.

パインアップル

Main product: Pineapple. Origin: Miyazaki. Description: Tropical fruit, high sugar content, vitamin C, health benefits.

鶏肉

Main product: Chicken. Origin: Miyazaki. Description: Lean meat, rich in protein, local specialties.

花き 小ぎく

Main product: Chrysanthemum. Origin: Miyazaki. Description: Ornamental flower, traditional medicine, local products.

スプレーギク

Main product: Spray chrysanthemum. Origin: Miyazaki. Description: Ornamental flower, cut flower industry, local products.

クルマエビ

Main product: Caridean shrimp. Origin: Miyazaki. Description: High quality seafood, rich in nutrients, local catch.

ソデイカ

Main product: Squid. Origin: Miyazaki. Description: Seafood, rich in protein, local catch, various uses.

ヤイトハタ

Main product: Yaiohata fish. Origin: Miyazaki. Description: Local seafood, high quality, local catch.

オクラ

Main product: Okra. Origin: Miyazaki. Description: Summer vegetable, rich in antioxidants, health benefits.

レタス

Main product: Lettuce. Origin: Miyazaki. Description: Leafy green, rich in vitamins, local catch.

スイートコーン

Main product: Sweet corn. Origin: Miyazaki. Description: Sweet corn variety, high sugar content, local catch.

タンカン

Main product: Tangerine. Origin: Miyazaki. Description: Citrus fruit, sweet taste, high vitamin C, local catch.

パッションフルーツ

Main product: Passion fruit. Origin: Miyazaki. Description: Tropical fruit, tangy taste, high vitamin C, local catch.

シークワサー

Main product: Citrus. Origin: Miyazaki. Description: Citrus fruit, high sugar content, local catch.

輪ぎく

Main product: Wheel chrysanthemum. Origin: Miyazaki. Description: Ornamental flower, local products.

洋ラン

Main product: Orchid. Origin: Miyazaki. Description: Ornamental flower, cut flower industry, local products.

切り葉

Main product: Cut leaf. Origin: Miyazaki. Description: Leafy green, local products.

ヒトエガサ(アサ)

Main product: Hitogegasa. Origin: Miyazaki. Description: Leafy green, local catch.

海ぶどう

Main product: Sea grape. Origin: Miyazaki. Description: Seafood, high calcium, local catch.

きのこ くらあびたけ

Main product: Mushroom. Origin: Miyazaki. Description: Edible mushroom, rich in nutrients, local catch.

にんじん

Main product: Carrot. Origin: Miyazaki. Description: Root vegetable, rich in beta-carotene, local catch.

野菜パイナップル

Main product: Pineapple. Origin: Miyazaki. Description: Tropical fruit, high sugar content, local catch.

ピーマン

Main product: Bell pepper. Origin: Miyazaki. Description: Vegetable, rich in vitamins, local catch.

ドラゴンフルーツ

Main product: Dragon fruit. Origin: Miyazaki. Description: Tropical fruit, high vitamin C, local catch.

アセロラ

Main product: Acai berry. Origin: Miyazaki. Description: Berry, high antioxidants, local catch.

アテモヤ

Main product: Atemoya. Origin: Miyazaki. Description: Fruit, high sugar content, local catch.

トルコギキョウ

Main product: Turkey carnation. Origin: Miyazaki. Description: Flower, ornamental, local products.

熱帯花き類

Main product: Tropical flowers. Origin: Miyazaki. Description: Ornamental flowers, local products.

黒糖

Main product: Black sugar. Origin: Miyazaki. Description: Sweetener, rich in minerals, local products.

ぶなしめじ

Main product: Maitake mushroom. Origin: Miyazaki. Description: Edible mushroom, health benefits, local catch.

えのきたけ

Main product: Enokitake. Origin: Miyazaki. Description: Edible mushroom, high protein, local catch.

菌床しいたけ

Main product: Shiitake. Origin: Miyazaki. Description: Edible mushroom, health benefits, local catch.